

## PARENTS' WORKSHOP

Dear Parents

As part of our commitment to 'Working in Partnership with Parents', we are pleased to invite you to KS 2 English workshop and coffee morning with the principal after the workshop.

The workshop will be on 03 November 2016.

- Year 1 and Year 2 Parents:

Time: 08:00 am to 8:40 am (workshop)

08:45 am to 9:05 am (coffee with the Principal)

Focus: Phonics; how we are teaching phonics in school and the support you can give at home.

- Year 3,4,5 and 6 Parents:

Time: 9:05 am to 9:40 am

Focus: Home strategies and the support you can give at home.

Venue: School Library

We look forward to working with you towards the progress and development of all our children.

Thank you for your support.  
Administration



## YEAR 1- TRIP TO MUSHRIF PARK



We went to the park. I saw birds and houses.- Sarah  
We went to the park and it was fun ! I saw butterflies- Maria  
My favourite house is the mushroom house.- Mahra  
We went to the park. I love the Chinese house.- Afra  
My favourite house has a kitchen. It was standing at the pond. - Hamza

## **BAKE SALE**

This is just a note to say *thank you* to everyone who made this bake sale possible and a sweet success!

Thank you to all the fabulous, dedicated, volunteer bakers who donated so generously of their time and talent to provide our Bake Sale with a great array of treats and goodies. Your generosity made the event even more special. I would also like to thank for the generous help of our many parent volunteers, who donated their time to set up, arrange the cookies and cakes before the start of the Fun Fair and to sell them.

We appreciate you very much, for we could not have done it without you!

We send each and every one of you a heartfelt

School Administration



## **Pink Day Cancer Awareness Day**

We are happy to see a sea of pink through our school today! As a school, it is very important that we work together and support the cancer awareness campaign. Today gives us an extra opportunity to make a statement in a bright coloured way. Thank you for showing your support.





Landmark Group invites you and your school to Champion Diabetes this November!

Diabetes is a major health concern across the world, affecting millions of people. It can happen to anyone, at any age, and if not managed effectively can have a damaging impact on day to day life. Since 2009, the Landmark Beat Diabetes initiative has reached out to millions of people across the region, encouraging families to live a healthier lifestyle by taking three simple steps : Take the Test, Eat Healthy and Get Active.

Join the Beat Diabetes Walk on 18th November in Zabeel Park and help making a difference.

### Walk Details

The 3.8 km Beat Diabetes walk will kick off at 7:00am at Zabeel Park, Gate 3 and will be a great morning out for your team and their families. After the walk, everyone can participate in fun competitions, enjoy live music, dance sessions, zumba, yoga, and also get a free Blood Glucose test. There is also a special Kids Zone with fun activities like football, bungee, wall climbing, rodeo bull, arts and crafts, bouncy castle and more. Participants for the Beat Diabetes UAE walk will be charged a nominal fee of AED 20 for adults (16 years onwards) and AED 10 for children (8-15 years). All funds raised will be donated to Al Jalila

Foundation to support diabetes research and treatment in the UAE. Al Jalila Foundation, is a global philanthropic organization, set up under the patronage of HH Sheikh Mohammed Bin Rashid Al Maktoum, Vice-President and Prime Minister of the UAE and Ruler of Dubai. The Foundation's main focus is to position Dubai and the UAE at the forefront of medical innovation.

For more details and to register online visit [www.beatdiabetes.me](http://www.beatdiabetes.me)

To make it easier for groups to register as a team, we also have a special cash on delivery service for groups registering 25 participants or more. Groups can simply fill the attached excel sheet with the required details and mail it to us on [beatdiabetes.corporate@landmarkgroup.com](mailto:beatdiabetes.corporate@landmarkgroup.com). We will then deliver the t-shirt as mentioned in the excel and collect cash on delivery. The first group to register 50 participants will win passes for each participant to Jump Box, UAE's best trampoline arena!

We really look forward to your group's support and participation in creating awareness and funds for Diabetes and help make a difference in the lives of the people living with the condition.

Join us and let's walk to support a healthier UAE !

Regards,  
**Dear Beat Diabetes Supporter,**  
**Landmark Group Beat Diabetes Team**  
**REGISTER ON**  
**BEATDIABETES.ME**

Dear Parents



### One Healthy Week – One Healthy Lifetime!

*Objective: To build an awareness of healthy living among our children and encourage a healthy living lifestyle that becomes a habit rather than a struggle when introduced at an early age.*

As part of this programme, children in FS will be taught proper dental hygiene, the benefits of eating and exercising as well as the importance of keeping their hands clean, especially before eating and after messy play.

### 30<sup>th</sup> October to 3<sup>rd</sup> November

#### All Week – Drop Everything and Dance

A fun activity where children will stop whatever they are doing and dance – for a few minutes only.

#### **Sunday, 30 October 2016**

##### Healthy Lunch Box Day

All children's lunch boxes to contain only healthy food. Teaching assistants will check lunch boxes and award 5 dojo points to children with an entirely healthy snack.

#### **Monday, 31 October 2016**

##### Assembly

Explain the events for the week and benefits of healthy living.

Art Club will create healthy living posters.

Cooking Club will create healthy recipes.

#### **Tuesday, 1 November 2016**

Unilever Hand Hygiene Campaign for Years 1 and 2.

#### **Wednesday, 2 November 2016**

##### Whole school exercise

We will have whole school exercise every Thursday during assembly time.

#### **Thursday, 03 November 2016 Fruit Sale**

##### Fruit Sale

Dhs.2.00 per portion of fruit – **Please send in some money to encourage your child to buy fruits.**

Please send in a picture of your family/child participating in any form of exercise (by 3<sup>rd</sup> November 2016). This will be used for display and to motivate others to enjoy exercising.

Thank you for your support.

Administration



Welcome back Ms Maysa Abdelhalek. French classes resumes. Thank you parents for your patience!